

TO TEDDINGTON																			
	Hose water	Lavatory	Refuse	Sewage dis	Water tap	Moor 24hrs EA	Showers	MILES TO:-	Cumulative	Start Point	Hose water	Lavatory	Refuse	Sewage dis	Water tap	Moor 24hrs EA	Showers	MILES TO:-	Cumulative
								0.00	0.00	0.00								2.28	66.48
		L	R	S	W			1.50	1.50									4.40	70.88
		L					Sh	1.00	2.50		TESCO BANKSIDE 1/2 mile past Caversham Lock								
	H	L					Sh	4.50	7.00			L				M		1.44	72.32
	H	L			W			1.85	8.85		H	L	R	S	W			2.91	75.23
		L	R	S	W		Sh	2.63	11.48									2.98	78.21
	H	L					Sh	4.30	15.78				R					2.85	81.06
		L			W		Sh	4.74	20.52		H	L	R	S	W		Sh	3.66	84.72
						M		1.48	22.00			L			W			0.64	85.36
		L			W	M	Sh	2.38	24.38			L			W	M		1.95	87.31
	H	L	R	S	W		Sh	1.48	25.86		H	L	R	S			Sh	4.00	91.31
					W			2.71	28.57			L			W			2.08	93.39
								1.13	29.70			L						2.13	95.52
					W	M		2.40	32.10		H	L	R	S	W	M	Sh	3.17	98.69
								2.32	34.42						W			2.33	101.02
						M		1.68	36.10			L			W			3.00	104.02
	H		R	S	W	M		4.58	40.68			L						2.92	106.94
		L			W			2.58	43.26		ASDA Garage, Berks Bank 50yds, 2.5 Miles below Bell Weir								
					W			2.81	46.07			L	R		W			2.84	109.78
			R	S			Sh	2.98	49.05		H				W			1.95	111.73
					W			3.96	53.01			L		S	W			2.06	113.79
	H	L			W			6.50	59.51			L		S	W			2.95	116.74
			R		W	M		0.62	60.13		H	L	R	S	W			2.98	119.72
								4.07	64.20		<b>Teddington</b>	H	L		W			4.81	124.53
Set Start Point (yellow cell) to zero. Take the Cumulative Miles for your position and insert into the Start Point.																			
The Cumulative Miles will then indicate the distance from your position to each lock. Negative distances are Upstream.																			
i.e. A Start Point of 8.00 indicates distances up or down from Ye Olde Swan.																			
Hose points, Toilets etc. subject to change																			

